



# 2024 Spring Newsletter

(Distributed: April 15, 2024)



**One more year has passed  
a very long journey I've crossed ,  
seen ups and downs of life,  
dealt every's days plight  
in the hope the time is near  
for end there is no fear**

--

**Nira**



## **Nira Rajpal**

It is sad to announce the passing of Nira Rajpal. Nira was a longtime member of PAHA and she also served as a member of the Board of Directors. Nira had a quiet disposition and used that to be a positive example and leader when she was at PAHA.

We extend our condolences to Nira's family.



## Springtime and Important Information to Note

Welcome Spring 2024! Now that winter is over PAHA has a lot of activities planned for you to enjoy. Please see the information listing all of our upcoming activities.

If you want to participate, make sure you Register and Pay for your tickets early and before the deadline. Once the deadline has passed you will not be able to go.

Note that when PAHA uses Denny's Bus Lines to take us to an activity there is limited seating and once the bus is full you will not be able to purchase a ticket.

### “No Show” Policy

PAHA wants as many people to join us in every activity and PAHA **subsidizes** a portion of the activity cost to make it **affordable** for members to go.

When people sign up to go to an activity and do not show up on the day it is held, PAHA has to pay the **full cost** of that trip. This is not fair to the members who show up and enjoy themselves and for members who could not come because all the spaces were filled.

As a result, the Committee feels it is necessary to impose a **“No Show” fee**. This will be charged to those who do not show up on the day of the event. Members will receive a **“No Show”** letter explaining this. If this happens too many times, a member may be denied the opportunity to go on future trips.

### Approved Personal Support Worker Information

PAHA realizes there are members who require a Personal Support Worker to accompany them when they participate in activities.

***You must register your PSW with PAHA so we know this requirement.***

To do so, please speak to Sandra so it can be added to your file.

If your PSW is registered with PAHA, they will pay the same Cost Members do to participate in our activities.

If the PSW is not registered with PAHA in advance of you booking any activity, they will be required to pay cost Non-Members do to participate.



Please put these activities on your calendars as these are summer events that PAHA has planned. Further Details will be announced later and in the Summer Newsletter.

1. Medieval Times: July 11<sup>th</sup>
2. Grand River Boat Cruise: July 25<sup>th</sup>
3. PAHA Summer Picnic: Date to Be Announced Later
4. CNE: August 29<sup>th</sup>



### **PAHA will not meet on the following Public Holidays:**

1. Victoria Day: Monday, May 20<sup>th</sup>
2. Canada Day: Monday, July 1<sup>st</sup>



### **Attendance Reward**

The committee wants to reward members who come every Monday. The "Top 4" members who have the highest attendance percentage for the following periods will receive an incentive reward:

1. October 22, 2023 to May 6, 2024
2. May 13 to September 30, 2024

### **TransHelp: Update to Travel Time Guidelines**

As of April 1, 2024, TransHelp has updated their travel time guidelines.

When taking a trip 25 km or more, or traveling between non-adjacent cities, you can be in the vehicle for 90 minutes or longer.

Previously, it was expected you can be in the vehicle for up to 90 minutes on trips longer than 30 km or traveling between non-adjacent cities, but with an increase to traffic and construction we have changed the trip length to 25 km.

If you have any questions or concerns about this guideline change, call TransHelp Customer Service at 905-791-1015.

### **Upcoming PAHA Activities**

#### **PAHA Spring Luncheon: Saturday, April 27<sup>th</sup>**

**Time:** 12:30 pm to 3:00 pm

**Place:** Knightsbridge Senior Centre

**Address:** 1A Knightsbridge Road Brampton

**Cost:**

1. PAHA Members and Approved PSW: Free
2. Non-Members: \$10.00

**"No Show" cost for everyone is \$10.00**

**Deadline to Register and Receive Tickets:** Monday, April 15<sup>th</sup>

**Transportation:** TransHelp or Drive yourself

## Famous People Players: Thursday, May 23<sup>rd</sup>

**Time:** 12:00 pm to 2:45 pm

**Address:** 341 Evans Ave, Toronto

**Cost:**

1. PAHA Members and Approved PSW: \$40.00
2. Non-Members \$150.00

**“No Show” cost for everyone is \$45.00**

**Included with Cost:** Lunch, Show Coffee, Tea and Pop.

**Not Included with Cost:** Alcohol

**Deadline to Register and Pay for Tickets:** Monday, May 13<sup>th</sup>

**Important Transportation Information:** Denny's Bus Lines, Limited Seating

## Woodbine Racetrack: Friday, June 14<sup>th</sup>

**Time:** 12:30 pm to 5:30 pm

**Address:** 555 Rexdale Boulevard, Toronto

**Cost:**

1. PAHA Members and Approved PSW: \$40.00
2. Non-Members: \$85.00

**“No Show” Cost for everyone: \$45.00**

**Included with Cost:** Lunch, Coffee and Tea

**Not Included with Cost:** Pop and Alcohol

**Deadline to Register and Pay for Tickets:** Monday, June 3<sup>rd</sup>

**Transportation:** TransHelp or Drive Yourself

## St. Jacobs: Thursday, June 27<sup>th</sup>

**Time:** 9:00 am to 6:00 pm

**Address:** Saint Jacobs, Ontario

**Cost:**

1. PAHA Members and Approved PSW: \$40.00
2. Non-Members: \$85.00

**“No Show” Cost for everyone: \$45.00**

**Deadline:** Monday, June 17<sup>th</sup>

**Important Transportation information:** Denny's Bus Lines, Limited Seating

